



Diabetes and Dental Health

- Diabetes is the Western World's fastest growing chronic disease.
- Diabetes refers to a high blood glucose level (BGL).
- There is a high prevalence of diabetics with aggressive periodontal (gum) disease.
- The body responds to severe gum disease by increasing BGL. While gum disease makes it difficult for a diabetic to control their BGL by exaggerating an abnormal host response to bacterial plaque. This response is believed to be linked to chronically elevated triglyceride and cholesterol levels.
- Managing periodontal disease is essential for managing Diabetes Mellitus Type I and II.
- "Diabesity" is a new term to reflect a triad of diseases. Diabetes Mellitus, Obesity and Cardio-vascular disorders.
- The message: Improved oral health and quality of life are two of the rewards for reducing cholesterol and triglyceride levels through diet and exercise.

Dental Care and Diabetes

Healthy teeth and gums are vital to people with diabetes.

People with diabetes are more likely to develop gum disease and if their blood sugar level remains high, their gum problems are likely to be worse

Please do not hesitate to contact staff with any enquiries