

## **Dental Practice Information**Hostel and Nursing Home Residents

Since 1985, Dr Roger Lindsay and his team from the Pennant Hills Dental Centre, have continued to provide a special dental service to the residents of the Anglican Retirement Villages and to other elderly residents in the Sydney area needing specific dental care.

Our experience at the ARV, which offers the most modern residential aged care dental facility in NSW, suggests that as a new hostel or nursing home resident you should seek an early assessment of your dental situation and maintain regular checkups and hygiene treatments to greatly assist in the maintenance of teeth, gums, dentures and implants. We strongly advise a dental checkup before or early upon your arrival at the ARV.

Our **Resident Welcome Information Pack** provides simple guidelines for residents and carers for dental care at the ARV.

The days of full dentures are almost gone and most new residents have some or all of their teeth. Medications, dry mouth and poor oral hygiene can create significant dental decay and breakdown in a very short time. All residents of hostel and nursing homes are considered at very high risk of developing severe decay, gum disease and mouth infections, all of which can impact on general medical health. Rational dental care provides comprehensive care plans that take into account these many modifying factors that effect peoples lives and seeks to deliver appropriate oral health care for each one of us at the ARV.

Wheelchair access, a specialised lifter and our computerised record system means fast access to dental care has never been easier.

## The enjoyment of one of life's greatest pleasures - the tasting, chewing and eating of good food should be your goal.

We encourage all our residents to participate in our protective dental health programs.

For further information about the services offered at the ARV visit us at **www.thevillagedentist.com.au** 

