Bells Palsy



- Is a paralysis or weakness of the facial muscles on one side. It comes on suddenly and has no obvious cause.
- It can affect all age groups but is most common between the ages of 15 and 45. Pregnancy increases the risk of Bells Palsy threefold.
- The exact causes are unknown. A viral infection of the facial nerve is the most likely cause. Herpes simplex virus 'cold sores'.

Please do not hesitate to contact staff with any enquiries